

# Arnold diffusion via normally hyperbolic cylinders

Instability in Hamiltonian systems  
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# Arnold diffusion

- ▶ We consider a close-to-integrable Hamiltonian system

$$H(\theta, p, t) = H_0(p) + \epsilon H_1(\theta, p, t), \theta \in \mathbb{T}^n, p \in \mathbb{R}^n, t \in \mathbb{T}.$$

- ▶ We say that the system exhibits Arnold diffusion if there exists  $c > 0$  such that the following hold: for arbitrarily small  $\epsilon$ , there exists an orbit  $(\theta(t), p(t))$  and  $T > 0$  with

$$|p(T) - p(0)| > c > 0.$$

- ▶ The first example of Arnold diffusion was constructed by Arnold in 1964.
- ▶ Conjecture(Arnold): There is Arnold diffusion for a “typical” system.

# Resonances

- ▶ We say a vector  $\omega \in \mathbb{R}^n$  is resonant if there exists  $k \in \mathbb{Z}^n$  and  $l \in \mathbb{Z}$  such that  $k \cdot \omega + l = 0$ .
- ▶ Denote  $\omega(p) = (\omega_1, \dots, \omega_n)(p) = \partial_p H_0(p)$ .

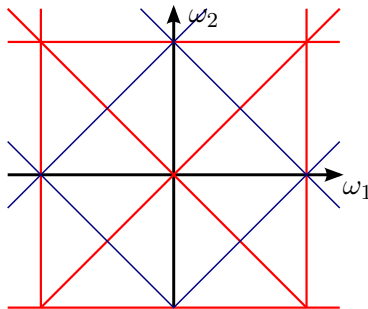


Figure: Resonances for  $n = 2$

## Averaging near a single resonance

- ▶ For simplicity, consider  $n = 2$  and the resonance  $\omega_1 = 0$ .
- ▶ Consider the model example

$$H(\theta, p, t) = \frac{1}{2}p_1^2 + \frac{1}{2}p_2^2 + \epsilon \cos \theta_1 + \epsilon H_2(\theta, p, t),$$

where  $\int_{\mathbb{T}^2} H_2 d\theta_2 dt = 0$ .

- ▶ There exists a symplectic change of coordinates, under which the Hamiltonian takes the form

$$H(\theta, p, t) = \frac{1}{2}p_1^2 + \frac{1}{2}p_2^2 + \epsilon \cos \theta_1 + h.o.t.$$

- ▶ Consider  $\epsilon$  fixed and the higher order terms as a perturbation. This inspires the definition of the *a priori* unstable system:

$$H(\theta, p, t) = h(p_1, p_2, \theta_1) + \delta P(p, \theta, t).$$

# Prior work on Arnold diffusion

- ▶ A priori unstable system:
  - ▶ Geometric methods: Chierchia and Gallavotti '95, Treschev '04, Delshams, de la Llave and Seara '06 (Delshams and Huguet '09).
  - ▶ Variational methods: Bernard '08, Cheng and Yan '04, '09.
- ▶ A priori stable system: Mather 03 (announcement), various manuscripts by Mather.

# A version of Arnold diffusion for a priori stable system

## Theorem

*Assume that the Hamiltonian is  $C^r$  with  $r \geq 4$ . For a “typical”  $\epsilon H_1$  (with  $\|H_1\|_{C^r} = 1$ ), there exists  $l(H_1) > 0$ , an orbit  $(\theta, p)(t)$  of the the Hamiltonian system  $H_\epsilon = H_0 + \epsilon H_1$  and  $T > 0$  such that*

$$|p(T) - p(0)| > l(H_1).$$

## Remark

- ▶ *The “diffusion distance” depends only on the projection of the perturbation on the unit sphere of  $C^r$  functions.*
- ▶ *Here “typical” means Mather’s cusp residue condition.*

# The Arnold mechanism

► System:

$$H(\theta_1, \theta_2, p_1, p_2, t) = \frac{1}{2}p^2 + \epsilon(\cos \theta_1 - 1) - \epsilon\mu(\cos \theta_1 - 1) \cos(\theta_2 + t).$$

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- This may be viewed as an a priori unstable system as we can fix  $\epsilon$  and let  $\mu \rightarrow 0$ .
- There exists a 3-dimensional-normally hyperbolic invariant cylinder (NHIC)  $\Lambda = \{\theta_1 = p_1 = 0\}$ .
- $\Lambda$  is foliated by invariant tori  $T_c = \{p_2 = c_2, p_1 = 0, \theta_1 = 0\}$ , where  $c = (0, c_2)$ .
- The stable and unstable manifold of  $T_c$  intersect transversally. In particular,  $T_c$  admits a homoclinic orbit that has isolated intersections with the section  $\{\theta_1 = \frac{\pi}{2}\}$ .



## Arnold mechanism: picture

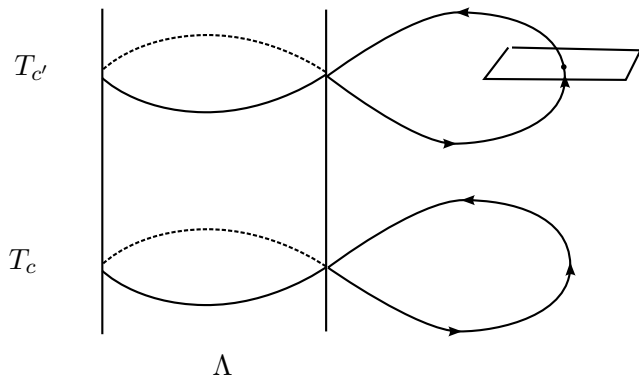


Figure: Arnold mechanism

# Arnold mechanism: variational explanation

- ▶ Each  $T_c$  consists of orbits  $\gamma : \mathbb{R} \rightarrow \mathbb{T}^n \times \mathbb{R}^n$  that minimize the action  $\int_a^b L_c(\theta, \dot{\theta}, t)$ , where

$$L_c = \frac{1}{2}(\dot{\theta} - c)^2 + \epsilon(1 - \cos \theta_1) - \epsilon\mu(1 - \cos \theta_1) \cos(\theta_2 + t).$$

We call the union of such minimal orbits the Mañe set  $\mathcal{N}_c$ .

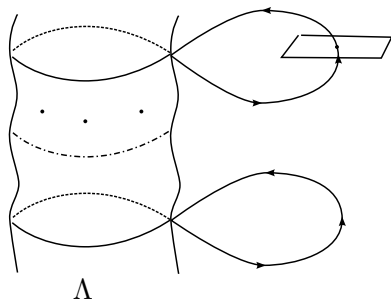
- ▶ The homoclinic orbits to  $T_c$  are minimal orbits that makes at least one round in the  $\theta_1$  direction. We call this set the *lifted* Mañe set  $\hat{\mathcal{N}}_c$ , for they corresponds to the Mañe set of the double cover.
- ▶ If the lifted Mañe set  $\hat{\mathcal{N}}_c$  is isolated, then for  $c'$  close to  $c$ , there is an orbit connecting  $\mathcal{N}_c$  and  $\mathcal{N}_{c'}$ .
- ▶ Proof: Mather's method of changing Lagrangian.

# NHIC for a priori unstable system

Consider

$$H(\theta_1, \theta_2, p_1, p_2, t) = \frac{1}{2}p^2 + (\cos \theta_1 - 1) + \mu P(\theta, p, t).$$

- ▶ There exists NHIC  $\Lambda$  close to  $\theta_1 = p_1 = 0$ .
- ▶ The Mañé set  $\mathcal{N}_c$  are contained in  $\Lambda$ , but they are not necessarily tori. They could be:
  - ▶ Invariant tori.
  - ▶ Periodic orbits.
  - ▶ Cantori.



# Arnold diffusion for a priori unstable system

## Theorem (Bernard, Cheng and Yan)

*Assume that: 1. All  $\mathcal{N}_c$  that is an invariant torus has irrational rotation number. 2. If  $\mathcal{N}_c$  is an invariant torus, then  $\hat{\mathcal{N}}_c$  is isolated. Then there is Arnold diffusion along the NHIC.*

## Theorem (Cheng and Yan)

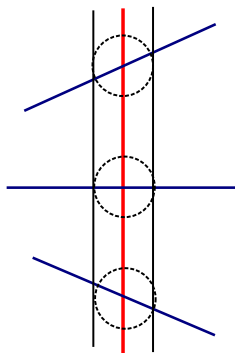
*For a residue set of perturbations, condition 2 is satisfied for all  $\mathcal{N}_c$  simultaneously.*

## A priori stable system: normal form

- Consider  $n = 2$  for simplicity. Let

$$H(\theta_1, \theta_2, p_1, p_2, t) = \frac{1}{2}p^2 + \epsilon H_1(\theta, p, t)$$

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$U_K$

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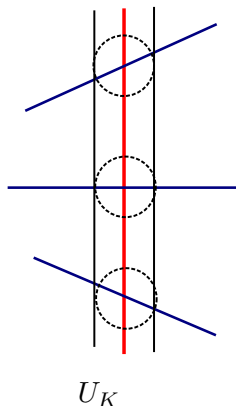
- There exists a normal form

$$H = \frac{1}{2}p^2 + \epsilon Z(\theta_1, p) + \epsilon R(\theta, p, t),$$

where  $\|R\|_{C^2} \leq \delta$  on the set

$U_K = \{|p_1| \leq \epsilon^{\frac{1}{6}}, |p_2 k_2 + l| > \epsilon^{\frac{1}{6}}/K, \text{ for all } |k_2|, |l| \leq K\}$ .  $K$  depend on  $\delta$ .

- Diffusion distance depends on  $\delta$ . Hence, it is important that  $\delta$  does not go to zero as  $\epsilon \rightarrow 0$ .



# Existence of crumpled cylinders

- For the normal form system with sufficiently small  $\delta$ , generically, there exists finitely many NHIC's  $\Lambda_j = \{(\theta_1, p_1) = X_j(\theta_2, p_2, t)\}$ . We also have

$$\left\| \frac{\partial \theta_1}{\partial p_2} \right\| = O(\delta/\sqrt{\epsilon}), \quad \left\| \frac{\partial \theta_1}{\partial(\theta_2, t)} \right\| = O(\delta).$$

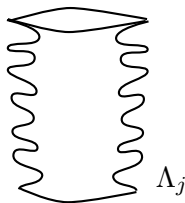


Figure: Crumpled cylinder

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- ▶ Each  $\mathcal{N}_c$  can only be a torus, a periodic orbit, or a cantor.
- ▶ Assume 1. All  $\mathcal{N}_c$  that is an invariant torus has irrational rotation number. 2. If  $\mathcal{N}_c$  is an invariant torus, then  $\hat{\mathcal{N}}_c$  is isolated. Then there is Arnold diffusion along the NHIC.
- ▶ The genericity theorem of Cheng and Yan applies.
- ▶ It is also possible to jump from  $\Lambda_j$  to  $\Lambda_{j+1}$ .

# Double resonance

Work-in-progress with V. Kaloshin:

► Study

$$H(\theta_1, \theta_2, p_1, p_2, t) = \frac{1}{2}p^2 + \epsilon H_1(\theta, p, t)$$

near  $\{p_1 = p_2 = 0\}$ .

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- ▶ Normal form:

$$H(\theta, p, t) = \frac{1}{2}p^2 + \epsilon Z(\theta, p) + \epsilon R$$

on  $|p_1|, |p_2| \leq \sqrt{\epsilon}$ . Rescale:

$$H(\theta, I, t) = \frac{1}{2}I^2 + Z(\theta, 0) + \tilde{R}.$$

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- ▶ Study of double resonance related to the 2 degrees of freedom mechanical system  $H = K(I) - U(\theta)$ .

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- ▶ If  $E = -\min U$ , the minimal geodesics could be a concatenation of simple curves.
- ▶ Assume that  $U(\theta_0) = \min U$ , generically  $(0, \theta_0)$  is a hyperbolic saddle with distinct eigenvalues. Minimal geodesics are homoclinic orbits to  $(0, \theta_0)$ .

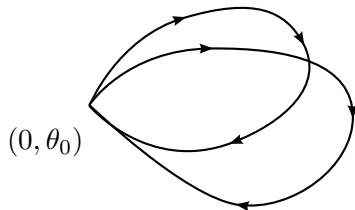


Figure: Homoclinics

## Flower cylinder

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- ▶ With some work, we can see that the family of periodic orbits form a normally hyperbolic cylinder with the “figure eight” as boundary.

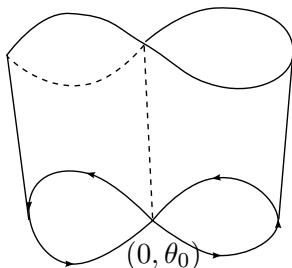


Figure: Flower cylinder