# On the existence of subgaussian directions for log-concave measures

joint work with A. Giannopoulos and P. Valettas.

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### Notation

 $\mathcal{P}_{[n]}$ : the class of all probability measures in  $\mathbb{R}^n$  which are absolutely continuous with respect to the Lebesgue measure.

 $\mu$  in  $\mathcal{P}_{[n]}$  is called log-concave if for any Borel sets A,B and any  $\lambda \in (0,1)$ ,  $\mu(\lambda A + (1-\lambda)B) \ge \mu(A)^{\lambda}\mu(B)^{1-\lambda}$ .

 $\mu \in \mathcal{P}_{[n]}$  is called centered if for all  $\theta \in S^{n-1}$ ,  $\int_{\mathbb{R}^n} \langle x, \theta \rangle d\mu(x) = 0$ .

Let K a convex body in  $\mathbb{R}^n$ . Then  $d\mu := \mathbf{1}_K dx$  is log-concave.

### Notation

A direction  $\theta \in S^{n-1}$  is subgaussian for  $\mu$  with constant r > 0 if

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \le rm_{\theta},$$

where  $m_{\theta}$  is the median of  $|\langle \cdot, \theta \rangle|$  with respect to  $\mu$ , and

$$\|f\|_{\psi_2}=\inf\left\{t>0:\int_{\mathbb{R}^n}\exp\left((|f(x)|/t)^2
ight)\,d\mu(x)\leq 2
ight\}.$$

Let K centered convex body in  $\mathbb{R}^n$ , |K| = 1,

$$h_{Z_2(K)}(\theta) = \left(\int_K |\langle x, \theta \rangle|^2 dx\right)^{\frac{1}{2}}, \ \theta \in S^{n-1}$$

We say that K is isotropic if  $Z_2(K) = L_K B_2^n$ .

### The Question

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[Bourgain] If r_K(\theta) = O(1) for all \theta, then L_K = O(1). Question: [V. Milman] is it true that every convex body K has at least one "subgaussian" direction (with constant r = O(1))? [Bobkov- Nazarov] Yes, if K is 1-uncoditional. [Klartag] Yes, with r = \log^2 n. [G-P-P] Yes, with r = \log n. [G-P-V] Yes, with r = \sqrt{\log n}.
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### The result

**Theorem** (i) If K is a centered convex body of volume 1 in  $\mathbb{R}^n$ , then there exists  $\theta \in S^{n-1}$  such that

$$|\{x \in \mathcal{K}: |\langle x, \theta \rangle| \geq cth_{Z_2(\mathcal{K})}(\theta)\}| \leq e^{-\frac{t^2}{\log{(t+1)}}}$$

for all  $t \ge 1$ , where c > 0 is an absolute constant.

(ii) If  $\mu$  is a centered log-concave probability measure on  $\mathbb{R}^n$ , then there exists  $\theta \in S^{n-1}$  such that

$$\mu\left(\left\{x \in \mathbb{R}^n : |\langle x, \theta \rangle| \ge ct\mathbb{E}|\langle \cdot, \theta \rangle|\right\}\right) \le e^{-\frac{t^2}{\log(t+1)}}$$

for all  $1 \le t \le \sqrt{n \log n}$ , where c > 0 is an absolute constant.

Let K be a centered convex body of volume 1 in  $\mathbb{R}^n$  and  $p \ge 1$ . We define the  $Z_p(K)$  as the symmetric convex body with support function

$$h_{Z_p(K)}(\theta) := \left(\int_K |\langle x, \theta \rangle|^p dx\right)^{\frac{1}{p}}.$$

Also we define the  $\Psi_2(K)$  as the symmetric convex body with support function

$$h_{\Psi_2(K)}(\theta) := \sup_{1 \le p \le n} \frac{h_{Z_p(K)}(\theta)}{\sqrt{p}}.$$

From the definitions, one has  $Z_p(K) \subseteq \sqrt{p}\Psi_2(K)$  for all  $1 \le p \le n$ . In particular,

$$Z_2(K) \subseteq \sqrt{2}\Psi_2(K),$$

which implies that

$$|\Psi_2(K)|^{1/n} \geq c \frac{L_K}{\sqrt{n}}.$$

Conjecture:  $|\Psi_2(K)|^{1/n} \leq c' \frac{L_K}{\sqrt{n}}$ .

Since  $Z_2(K)$  is an ellipsoid contained in  $\Psi_2(K)$  with volume  $\frac{cL_K}{\sqrt{n}}$ , the conjecture implies that  $\Psi_2(K)$  is a "bounded volume ratio" body.

**Theorem** Let K be a centered convex body of volume 1 in  $\mathbb{R}^n$ . Then,

$$|\Psi_2(K)|^{1/n} \le c \frac{\sqrt{\log n}}{\sqrt{n}} L_K.$$

Note that  $\Psi_2(K) = \operatorname{conv}\left\{\frac{Z_p(K)}{\sqrt{p}}, p \in [1, n]\right\}$ , and using the fact that  $Z_{2p}(K) \simeq Z_p(K)$ , we may write

$$\Psi_2(K) \simeq \operatorname{conv}\left\{\frac{Z_p(K)}{\sqrt{p}}, p=2^k, \ k=1,\ldots,\log_2 n\right\}.$$

 $\mathsf{Known}\; (\mathsf{P.,\; L\text{-}Y\text{-}Z}): |Z_p(K)|^{\frac{1}{n}} \leq c \sqrt{\frac{p}{n}} L_K, \; |Z_p(K)|^{\frac{1}{n}} \geq c \sqrt{\frac{p}{n}}.$ 

For any  $A, B, |A| \leq N(A, B)|B|$ .

#### Lemma

Let  $A_1, \ldots, A_s$  be subsets of  $RB_2^k$ . For every t > 0,

$$N(\operatorname{conv}(A_1 \cup \cdots \cup A_s), 2tB_2^k) \leq \left(\frac{cR}{t}\right)^s \prod_{i=1}^s N(A_i, tB_2^k).$$

"Regularity" of the covering numbers of  $Z_q(K)$ : (G-P-P)

$$\log N(Z_q(K), t\sqrt{q}L_KB_2^n) \leq \frac{c_1n}{t} + \frac{c_2\sqrt{n}\sqrt{q}}{\sqrt{t}}, \ t \geq 1.$$

# Regularity of the covering numbers of $Z_q(K)$

**Proposition** Let K be an isotropic convex body in  $\mathbb{R}^n$ , let  $1 \leq q \leq n$  and  $t \geq 1$ . Then,

$$\log N\left(Z_q(K), c_1 t \sqrt{q} L_K B_2^n\right) \leq c_2 \frac{n}{t^2} + c_3 \frac{\sqrt{n} \sqrt{q}}{t},$$

where  $c_1, c_2, c_3 > 0$  are absolute constants.

**Corollary** Let K be an isotropic convex body in  $\mathbb{R}^n$  and let  $1 \le q \le n$ . Define  $\beta \ge 1$  by the equation  $q = n^{1/\beta}$ . Let  $\alpha := \min\{\beta, 2\}$ . Then,

$$N(Z_q(K), c_1 t \sqrt{q} L_K B_2^n) \leq \exp\left(c_2 \frac{n}{t^{\alpha}}\right),$$

where  $c_1, c_2 > 0$  are absolute constants.

### Sudakov-type estimates

Let  $C \subseteq \mathbb{R}^n$  be a symmetric convex body. We define

$$W(C) := \int_{S^{n-1}} h_C(\theta) d\sigma(\theta).$$

[Talagrand] Let  $\gamma_n$  be the n-dimensional Gaussian measure . Then, for any s,t>0 we have:

$$N(B_2^n, tC^\circ) \le e^{(2s/t)^2} [\gamma_n(sC^\circ)]^{-1}.$$

Let  $m_1$  such that  $\gamma_n(m_1C^\circ)=\frac{1}{2}$ . Also

$$m_1 \simeq I_1(\gamma_n, C^\circ) = \int_{\mathbb{R}^n} \|x\|_{C^\circ} d\gamma_n(x) \simeq \sqrt{n}W(C).$$

Then  $\log N(B_2^n, tC^\circ) \leq c \frac{nW(C)^2}{t^2}$ .

### Sudakov-type estimates

Let 0 < p and let  $m_p$  such that  $\gamma_n(m_pC^\circ) = \frac{1}{2^p}$ . Also we write  $I_{-p}$  and  $W_{-p}(C)$  for

$$I_{-p} \equiv I_{-p}(\gamma_n, C) := \left( \int_{\mathbb{R}^n} \|x\|_K^{-p} d\gamma_n(x) \right)^{-1/p},$$

$$W_{-p}(C) := \left( \int_{S^{n-1}} h_C^{-p}(\theta) d\sigma(\theta) \right)^{-\frac{1}{p}}$$

Then (Markov's inequality)  $m_p \ge \frac{1}{2}I_{-p}$ .

Assume that for some p and some  $\alpha>1$  we have the following "regularity" condition:

$$I_{-p} \leq \alpha I_{-2p}$$
.

Then, by applying the Paley-Zygmund inequality we get

$$\gamma_n(x: ||x||_C^\circ \le 2I_{-p}) \ge 2^{-2p\log(2\alpha)}.$$

It follows that  $m_{2p\log(2\alpha)} \leq 2I_{-p}$  and  $I_{-p}(\gamma_n, C^{\circ}) \simeq \sqrt{n}W_{-p}(C)$ .

### Sudakov-type estimates

**Corollary** Let C be a symmetric convex body in  $\mathbb{R}^n$  and let  $1 \le p \le n/2$  be such that  $W_{-2p}(C) \simeq W_{-p}(C)$ . Then,

$$\log N\left(C,c_1\sqrt{n/p}W_{-p}(C)B_2^n\right)\leq c_2p,$$

where  $c_1, c_2 > 0$  are absolute constants.

*Proof:* Choose  $s := m_p \simeq \sqrt{n} W_{-p}(C)$ . Then

$$N(B_2^n, tK^\circ) \le e^{\frac{nW_{-p}(C)^2}{t^2}} [\gamma_n(sK^\circ)]^{-1} \le e^{\frac{nW_{-p}(C)^2}{t^2}} e^p.$$

Choose  $t = \sqrt{n/p}W_{-p}(C)$ , then  $\log N(B_2^n, tK^\circ) \le cp$ . Then "duality of entropy" (A-M-S).

# Back to $Z_q(K)$

Let 
$$-n < q \le n$$
,  $I_q(K) = \left(\int_K \|x\|_2^q dx\right)^{\frac{1}{q}}$ . Let  $q > 0$ , then (P.), 
$$I_q(K) \simeq \sqrt{\frac{n}{q}} W_q(Z_q(K)),$$
 
$$I_{-q}(K) \simeq \sqrt{\frac{n}{q}} W_{-q}(Z_q(K)).$$

Then

$$c_1\sqrt{q} \leq W_{-n}(Z_q(K)) \leq W_{-q}(Z_q(K)) \leq c_2\sqrt{q}L_K.$$

### Convolutions

**Proposition** Let K be an isotropic convex body in  $\mathbb{R}^n$ . There exists an isotropic convex body  $K_1$  in  $\mathbb{R}^n$  with the following properties:

- **1**  $L_{K_1} \leq c_1$ .

The constants  $c_i$ , i = 1, ..., 5 are absolute positive constants.

# Back to $Z_q(K)$

**Proposition** Let  $K_1$  be an isotropic convex body as before , let  $1 \le q \le n/2$  and  $1 \le t \le \sqrt{n/q}$ . Then,

$$\log N(Z_q(K_1), c_1 t \sqrt{q} B_2^n) \leq c_2 \frac{n}{t^2}.$$

Proof: For  $q \leq r \leq n$ ,  $W_{-r}(Z_q(K)) \simeq \sqrt{q}$ . Then

$$\log N\left(Z_q(K_1), \sqrt{\frac{n}{r}}W_{-r}(Z_q(K))B_2^n\right) \leq r.$$

Set 
$$t = \sqrt{\frac{n}{r}}$$
.



# Back to $\Psi_2(K)$

Let 
$$2^{k_1} = \frac{n}{\log n}$$
. Let  $V_1 := \operatorname{conv}\left\{\frac{Z_p(K_1)}{\sqrt{p}}, p = 2^k, k = 1, \dots, k_1\right\}$  and  $V_2 := \operatorname{conv}\left\{\frac{Z_p(K_1)}{\sqrt{p}}, p = 2^k, k = k_1, \dots, \log_2 n\right\}$ . Note that  $\Psi_2(K_1) \simeq \operatorname{conv}\left\{V_1, V_2\right\}$ . Then  $\log N\left(V_1, \sqrt{\log n}B_2^n\right) \le n$  and  $\log N\left(V_2, \log\log nB_2^n\right) \le n$ . So,  $\log N\left(\Psi_2(K_1, c\sqrt{\log n}B_2^n\right) \le n$  and

$$|\Psi_2(K_1)|^{\frac{1}{n}} \leq c \frac{\sqrt{\log n}}{\sqrt{n}}$$

So,

$$|\Psi_2(K)|^{\frac{1}{n}} \le c \frac{\sqrt{\log n}}{\sqrt{n}} L_K$$