

# Theoretical Benefits of Fluctuations in Physiological Signals

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FMIPW 2010 - Problem 5

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## Problem Statement:

1. Do fractal structures in time and space offer the most efficient means to dissipate energy gradients?

and

2. Are these structures self-organizing?

Problem Interpretation:

Objective 1: Find justifications for fluctuations in vital signs e.g. Interbeat Intervals, Peak Pressure

Objective 2: Explore methods for generating a fractal or branching structure upon a lattice.

*Mathematicians are like Frenchmen: whatever you say to them they translate into their own language and forthwith it is something entirely different*

Goethe

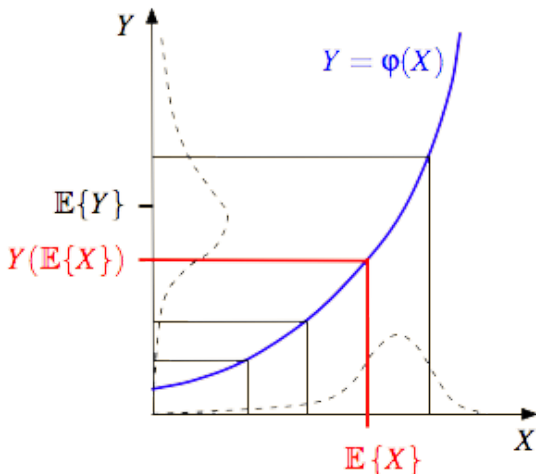
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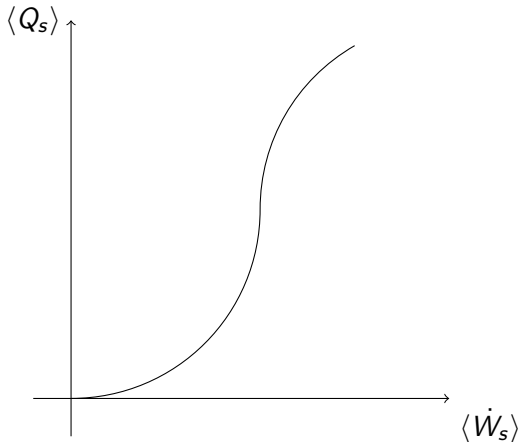
$\Rightarrow$  use Jensen's inequality.

## Inequality (Jensen's)

Given a random variable  $X$  and a convex function  $\varphi(x)$  then  
 $\varphi(E(X)) \leq E(\varphi(X))$



But does such a relation exist for the cardiovascular system?



**Figure:** A hypothetical (mythical?) convex relation between Average Power-per-cycle  $\langle \dot{W}_s \rangle$  vs. Average Flow Rate,  $\langle Q_s \rangle$

Model<sup>1</sup>: Fluid flow through a valve:

$$\dot{Q} + aQ|Q| + bQ = P(t)$$

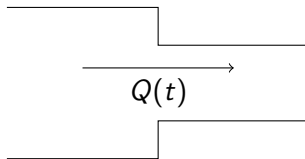


Figure: Flow through a valve

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<sup>1</sup>Liang et al (2009). Multi-scale modeling of the human cardiovascular system with applications to aortic valvular and arterial stenoses. Med. Biol. Eng. Comput. 47: 743-755

Set up an optimal control problem for maximizing flow

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Consider:

$$\max_{P(t)} \int_0^{T_s} Q dt ;$$

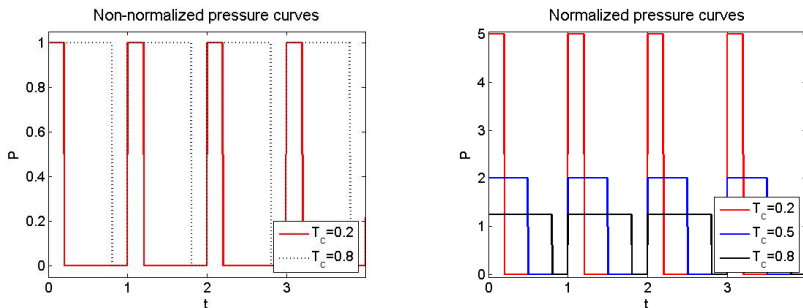
subject to

$$\int_0^{T_s} PQ dt = W_s \sim \text{fixed} \quad (3)$$

and recall

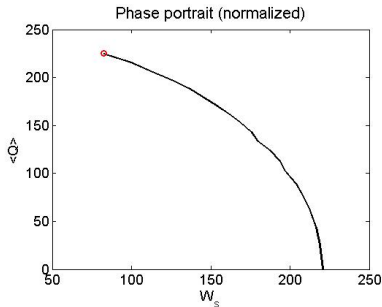
$$\dot{Q} + aQ|Q| + bQ = P(t)$$

Reduce the  $P(t)$  functional form to one-parameter square waves.



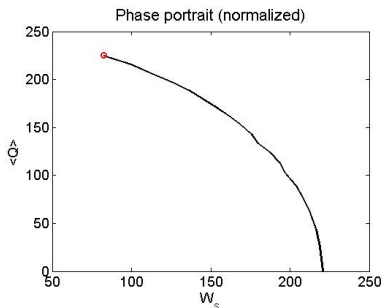
**Figure:** P - waveforms: Amplitude-preserving (non-normalized) on the left, Area-preserving (normalized) on the right.

However results were inconclusive and did not give us the relations between  $W_s$  and  $Q$  that we were looking for.



**Figure:** Flow as a function of  $W_s(T_s)$  for area-preserving  $P$ -waveforms

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**Figure:** Flow as a function of  $W_s(T_s)$  for area-preserving  $P$ -waveforms

⇒ Change the objective function!

Maximize smoothness:

Consider:

$$\min_{P(t)} \left\{ J(P) = \left[ \int_0^{T_s} (Q - \bar{Q})^2 dt \right]^{1/2} \right\};$$

where

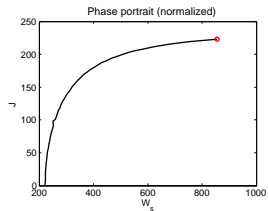
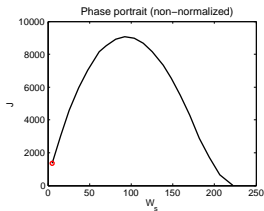
$$\bar{Q} = \frac{1}{T_s} \int_0^{T_s} Q dt \quad (6)$$

subject to

$$\int_0^{T_s} PQ dt = W_s \sim \text{fixed} \quad (7)$$

and

$$\dot{Q} + aQ|Q| + bQ = P(t)$$



**Figure:** Q-variation as a function of  $W_s(T_s)$ : Amplitude-preserving  $P$ -waveforms on the left, Area-preserving  $P$ -waveforms on the right.

Model elaborations - include elastic wall of the aorta.

$$\dot{Q} + aQ|Q| + bQ = P(t) - P_a$$

$$\theta(P_a)\dot{P}_a + \frac{P_a}{R_a} = Q$$

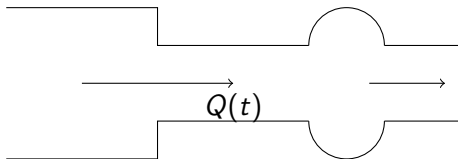
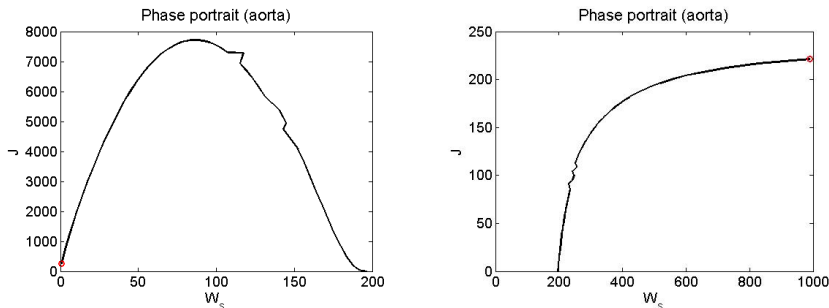


Figure: Flow through a valve + aorta

However results remain essentially the same.



**Figure:** Q-variation as a function of  $W_s(T_s)$  for the valve+aorta model: Amplitude-preserving  $P$ -waveforms on the left, Area-preserving  $P$ -waveforms on the right.

Objective 1 Restatement: Find justifications for fluctuations in vital signs e.g. Interbeat Intervals, Peak Pressure based on Jensen's inequality.

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Conclusions: Using a simple heart model, we have shown how fluctuations can result in a smoother flow rate.

