# Producing IMRT plans robust to uncertainty in lung motion

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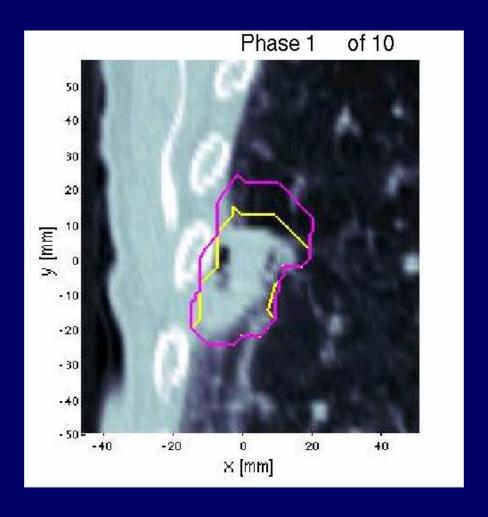
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Massachusetts General Hospital

Fields Institute IMRT Workshop April 4, 2006

#### The Main Idea

- We consider beamlet weight/intensity optimization in IMRT
- Uncertainty is introduced in the form of irregular breathing motion (intrafraction)
- How do we ensure that we generate "good" plans in the face of such uncertainty?

#### Tumor motion



• What do we do if motion is irregular?

#### Outline

- Uncertainty induced by irregular breathing
- Robust optimization background
- Robust IMRT formulation

## How to mitigate uncertainty

- In general, one can use a margin
  - The good: uniform dose to tumor
  - The bad (and ugly): healthy tissue overly irradiated
- What if the uncertainty is induced by motion?
  - Model the motion and include it intelligently in the optimization:
     "motion pdf"
  - Assumption: "the motion ... is reproducible and stable during the treatment delivery"
  - This motivates the use of robust optimization
    - As opposed to uncertainty due to motion, we focus on uncertainty in the motion itself

## Robust Optimization

- Optimizing objective function over constraints with uncertain data (modeled)
- Goal: Want an optimal "robust" solution (feasible under all realizations of uncertainty)
- Our formulation is linear (e.g. objective: mean or max dose; constraints: dose >= ...)

## Robust Optimization

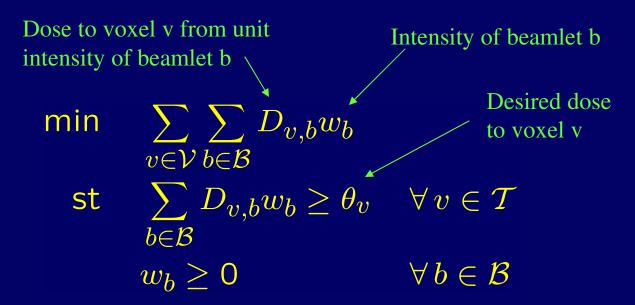
- Uncertainty: imprecise measurements, future info, etc.
- Want optimal solution to remain feasible under all realizations of uncertain data

min 
$$\mathbf{c}'\mathbf{x}$$
 st  $\mathbf{A}\mathbf{x} \geq \mathbf{b} \quad \forall \mathbf{A} \in \mathcal{U}$ 

- Want *robust counterpart* to be efficiently solvable
- Complexity depends heavily upon choice of uncertainty set
- Classification, image reconstruction, scheduling, options pricing, supply chain, portfolio selection, truss design ...

#### Linear IMRT model

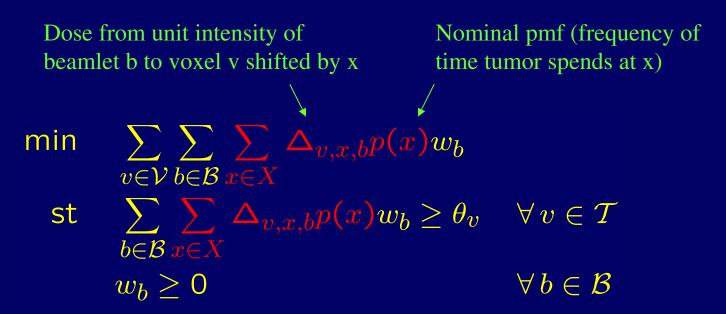
• Basic problem: Minimize total dose delivered, subject to tumor receiving at least some prescribed dose



• To incorporate motion, convolve pmf with *D* matrix...

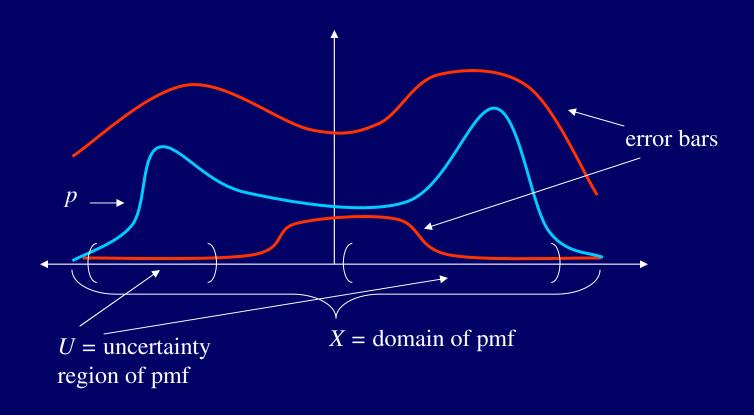
## Warm-up to robust formulation

• Nominal problem:



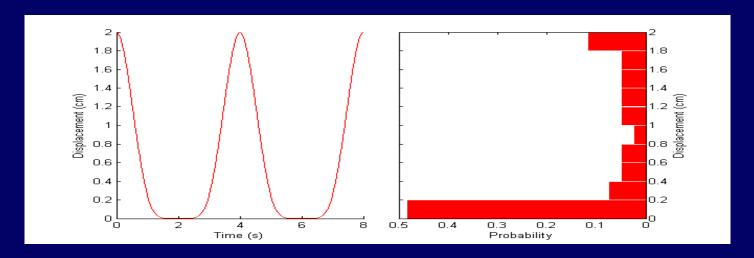
• Introduce uncertainty in p...

## Model of uncertainty



#### PMF from motion data

• We can get a pmf from sinusoidal data by "horizontal binning"



• We can get "error bars" as upper/lower envelopes of many pmfs

#### Robust formulation

$$\begin{aligned} & \min & & \sum_{v \in \mathcal{V}} \sum_{b \in \mathcal{B}} \sum_{x \in X} \Delta_{v,x,b} p(x) w_b \\ & \text{st} & & \sum_{b \in \mathcal{B}} \sum_{x \in X} \Delta_{v,x,b} p(x) w_b + \beta_v(\boldsymbol{w}) \geq \theta_v & \forall \, v \in \mathcal{T} \\ & & & w_b \geq 0 & \forall \, b \in \mathcal{B} \end{aligned}$$

where

$$eta_v(oldsymbol{w}) = \min \sum_{\substack{b}} \sum_{x \in U} \Delta_{v,x,b} \widehat{p}(x) w_b$$
 st  $\sum_{\substack{b}} \widehat{p}(x) = 0$   $-p(x) \leq \widehat{p}(x) \leq \overline{p}(x) \quad orall \, x \in U$ 

Robust counterpart stays LP

#### Robust formulation

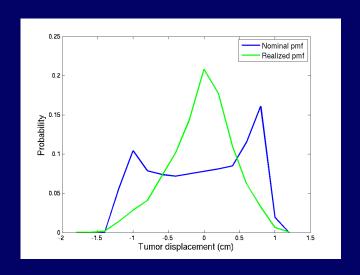
$$\beta_{v}(\boldsymbol{w}) = -\sum_{b \in \mathcal{B}} \sum_{j>j^{*}} (\Delta_{v,x(j),b} - \Delta_{v,x(j^{*}),b}) \underline{p}(x(j)) w_{b}$$
$$-\sum_{b \in \mathcal{B}} \sum_{j$$

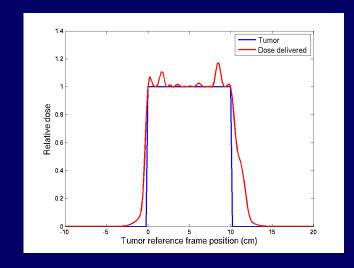
• Idea: Protect against voxels in tumor from spending too much time in low dose region and too little time in high dose region of static dose distribution

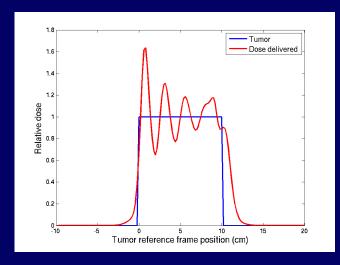
#### Motivation re-visited

#### Nominal problem

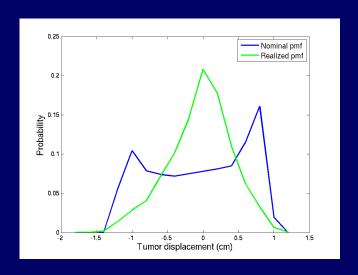
$$\begin{array}{ll} \min & \sum\limits_{v \in \mathcal{V}} \sum\limits_{b \in \mathcal{B}} \sum\limits_{x \in X} \Delta_{v,x,b} p(x) w_b \\ \text{st} & \sum\limits_{b \in \mathcal{B}} \sum\limits_{x \in X} \Delta_{v,x,b} p(x) w_b \geq \theta_v \quad \forall \, v \in \mathcal{T} \\ & w_b \geq 0 \qquad \qquad \forall \, b \in \mathcal{B} \end{array}$$

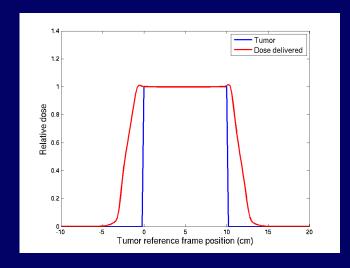


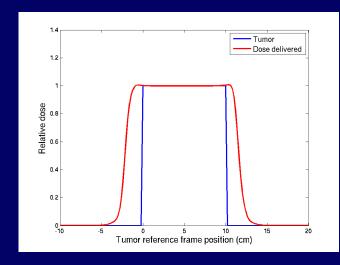




## Margin illustration

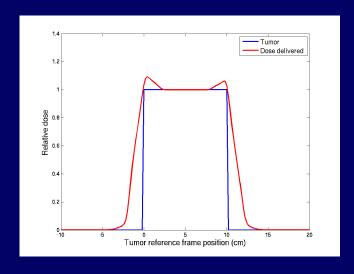


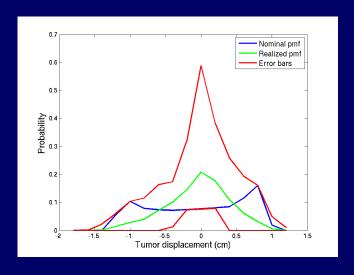


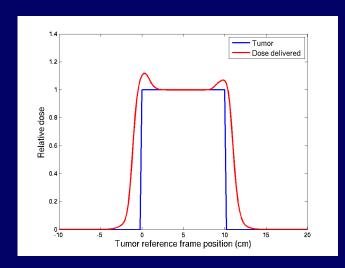


#### Robust formulation results

- Robust problem
  - Protects against uncertainty unlike nominal formulation
  - Spares healthy tissue better than margin formulation



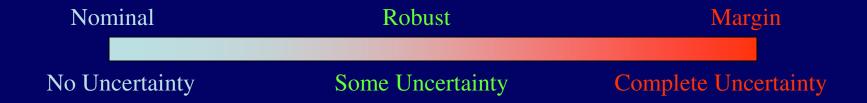




## Numerical results

	Nominal	Robust	Margin
Total dose delivered	85.29 %	91.43 %	100.00 %
Dose to normal tissue	31.41 %	61.94 %	100.00 %

#### Continuum of Robustness



- Can prove this mathematically
- Flexible tool allowing planner to modulate his/her degree of conservatism based on the case at hand

#### Conclusions

- Introduced linear, robust formulation and "Continuum of Robustness"
- Illustrated results of robust formulation and compared it to nominal and margin
- Extensions: 3D, serial organs, other uncertainty
- Take home: Robust framework is flexible with advantages of both nominal and margin

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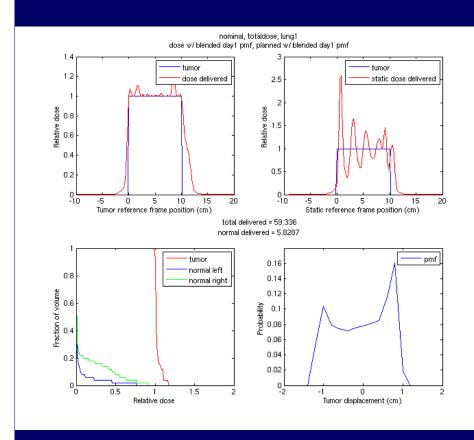
## Linear formulation implemented

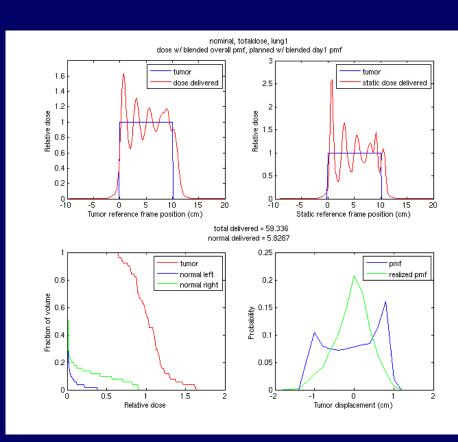
$$\begin{array}{ll} \min & \sum\limits_{v \in \mathcal{N}} \sum\limits_{b \in \mathcal{B}} \sum\limits_{x \in X} \Delta_{v,x,b} p(x) w_b \\ \mathrm{st} & \sum\limits_{b \in \mathcal{B}} \sum\limits_{x \in X} \Delta_{v,x,b} p(x) w_b - \sum\limits_{b} \sum\limits_{x \in U} \Delta_{v,x,b} \underline{p}(x) w_b + \sum\limits_{x \in U} \underline{p}(x) q_v - \sum\limits_{x \in U} r_{v,x} \geq \theta_v & \forall \, v \in \mathcal{T} \\ & (\overline{p}(x) + \underline{p}(x)) q_v - r_{v,x} \leq \sum\limits_{b} \Delta_{v,x,b} (\overline{p}(x) + \underline{p}(x)) w_b & \forall \, v \in \mathcal{T}, \forall \, x \in U \\ & q_v \text{ free} & \forall v \in \mathcal{T}, \forall \, x \in U \\ & r_{v,x} \geq 0 & \forall \, v \in \mathcal{T}, \forall \, x \in U \\ & w_b \geq 0 & \forall \, b \in \mathcal{B} \end{array}$$

#### What about...

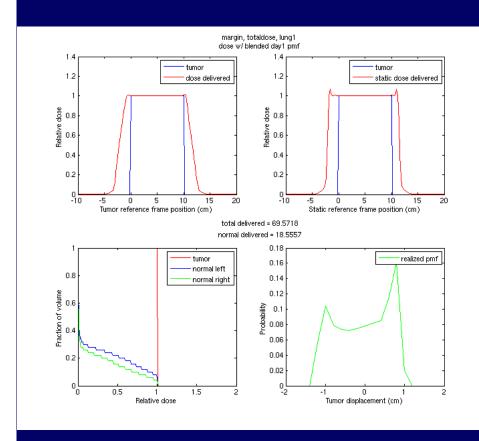
- We live in a non-linear world
  - Modeling tool, can approximate non-linear equations
- Complexity of robust plan
  - Add constraints to limit complexity
- Amplitude uncertainty
  - Choose U and error bars appropriately
- Rigid-body motion
  - Include pmf  $p_v$  for each voxel v
- Overly general approach
  - Can include distributional "guesses"

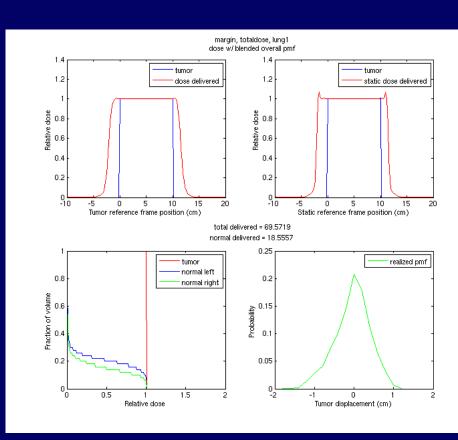
## Nominal 4 subplots



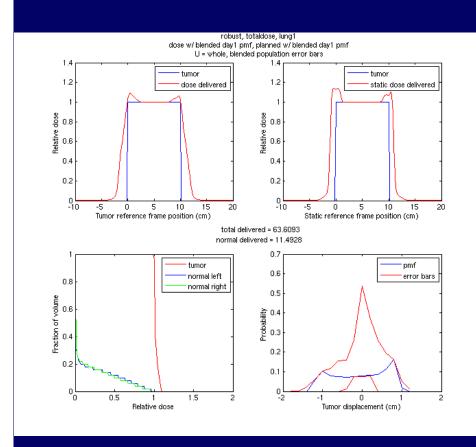


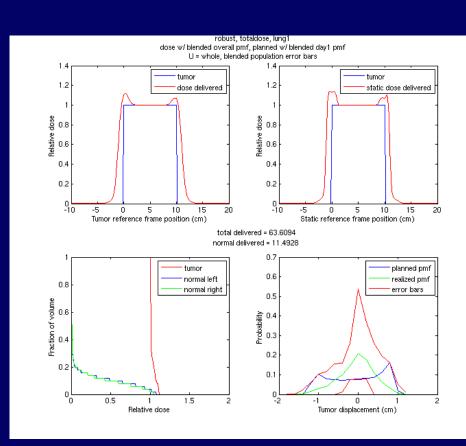
## Margin 4 subplots





## Robust 4 subplots





## Numerical results

Relative increase in	Margin : Nominal	Robust : Nominal	Margin : Robust
Total dose delivered	17.25 %	7.20 %	9.37 %
Dose to normal tissue	218.35 %	97.18 %	61.45 %

#### Numerical Results

- Nominal realized total: 59.336
- Margin realized total: 69.5719
- Robust realized total: 63.6094
- Nominal realized normal: 5.8287
- Margin realized normal: 18.5557
- Robust realized normal: 11.4928

## Linear optimization basics

• Linear objective (eg. Mean or max dose) and linear constraints (eg. Dose >= ..)

$$\begin{array}{lll} \text{min} & \mathbf{c'x} & \text{max} & \mathbf{p'b} \\ \text{st} & \mathbf{Ax} = \mathbf{b} & \text{st} & \mathbf{p'A} \leq \mathbf{c'} \\ & \mathbf{x} \geq \mathbf{0} & \mathbf{p} \text{ free} \end{array}$$

- Special case of "convex programming"
- Dantzig 1947 (OR's Hounsfield?)
- 1950's: explosion of mathematical programming (non-linear, networks, large-scale, stochastic, integer)

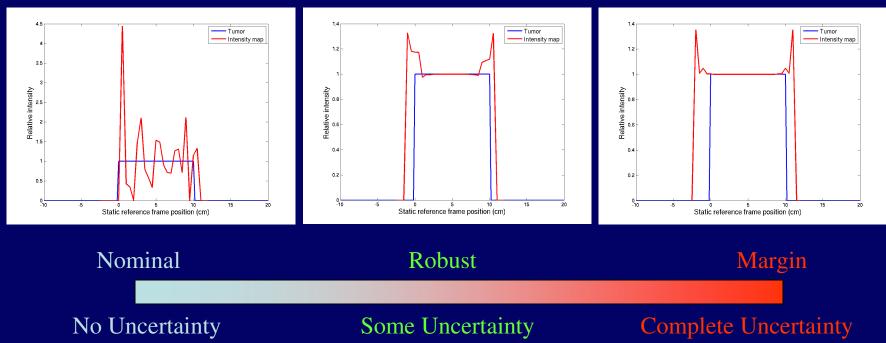
## Linear optimization

- Dantzig 1947 (OR's Hounsfield?)
- Well-established algorithms to solve LPs to optimality
  - Simplex or interior points
- Beautiful theory of duality
  - Bounds and sensitivity analysis
- Robust versions remain tractable
- Computational progress
  - First LP solved in 1947 (9 cons. 77 vars.) took 120 person-days
    - First image reconstruction? Many hours scan, days to reconstruct 1972
  - Now can solve problems up to  $\sim 10^8$  variables and constraints
    - Eg. 2003: production planning 400,000 cons. 1.6M vars. 59.1 s

## Robust Optimization

- LINEAR: Soyster 1973, Ben-Tal and Nemirovski 2000, Bertsimas and Sim 2004, Ben-Tal et al 2004
- DISCRETE: Bertsimas and Sim 2003
- CONIC: Ben-Tal et al 2002, Bertsimas and Sim 2006
- CONVEX: Ben-Tal and Nemirovski 1998, Ben-Tal et al 2006
- SDP: Ben-Tal and Nemirovski 2000, El Ghaoui et al 1998
- MDP: Nilim and El Ghaoui 2004
- Classification, image reconstruction, scheduling, options pricing, inventory, supply chain, portfolio selection, control, truss design, ...

#### Continuum of Robustness



- Can prove this mathematically
- Flexible tool allowing planner to modulate his/her degree of conservatism based on the case at hand