# Bandit Problems and Adaptive Clinical Trials

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#### **Objectives**

- 1. To introduce the unified decision theoretic approach for various types of trials from both ethical and mathematical points of view, and to motivate the use of adaptive designs.
- 2. To make the connection between adaptive designs and bandit processes.
- 3. To discuss some recent results of bandit processes with delayed responses.

#### Some terms

- CCTs: controlled clinical trials

- RCTs: randomized clinical trials

- ACTs: adaptive clinical trials

- SCTs: sequential clinical trials

- 1. Controlled Clinical Trials (CCTs)
- 1). The setting
- treatments: several (normally two) alternative medical interventions for a common disease, with unknown effectiveness
- horizon: an unknown number N of patients with the common disease, to be treated by one and only one intervention
  - responses: immediate or delayed
- decisions: treatment allocation and trial termination

- 1. Controlled Clinical Trials (CCTs)
- Philosophical viewpoints
   (Edwards et al. 1998)
- utilitarian
- "... one's ultimate duty is to maximise utility by producing happiness of the greatest number of people all other duties being derived from this."
  - Kantian
- "... one should always treat people with respect - **never** treating them merely as the means to other people's ends."
  - the competing interests
     trial participants and the society

- 1. Controlled Clinical Trials (CCTs)
- 3). Ethical issues (Clayton 1982)
- collective ethics / common good

"It is the duty of the doctor to acquire new knowledge so that, by such advance, future patients might benefit, ..."

- individual ethics / personal care

"It is the duty of the doctor to apply existing knowledge for the best possible treatment of each individual patient."

 the ethical dilemma: competing duties information gathering versus immediate payoff

- 1. Controlled Clinical Trials (CCTs)
- 4). Statistical issues (Simon 1991)
- statistical design and analysis
- trial termination: sample size
- treatment allocation
- statistical interim analysis
- control of confounding covariates

# 1. Controlled Clinical Trials (CCTs)

- 5). Practical issues
- recruitment of patients
- "truly" informed consents from patients
- clinicians' collaboration
- multi-centre trials
- data monitoring committee
- cost and management

	God	Devil
patient	physician	Randomization
physician	P < 0.05	P70.05
statistician	statistician	n=1

- 2. Randomized Clinical Trials (RCTs)
- 1). Current state of the art
- the gold standard
- religion "trialism" (Rimm & Bortin 1978)
- a "hallowed status" (Berry 1989)
- "[s]ome biostatisticians and clinicians refuse to believe that a treatment has an effect unless is has been shown in a 'properly conducted' randomized clinical trial."

  (Berry 1989)
- "... it remains an ideal that all new healthcare interventions should be evaluated through randomized controlled trials" (Sibbald and Roland 1998)

- 2. Randomized Clinical Trials (RCTs)
- 2). Problem 1: unethical randomization

  Example 1 antiviral zidovudine treatment (AZT) trial: reducing the risk of maternalto-infant HIV transmission

(Connor et al 1994, Rosenberger 1996)

Treatment	total	HIV+
AZT	238	20
Placebo	238	60

- a simulation study (Yao and Wei, 1996)

# 2. Randomized Clinical Trials (RCTs)

Problem 1: unethical randomization

Example 2 - extracorporeal membrane oxygenation (ECMO) trials: a cardiopulmonary bypass treatment for severe but potentially reversible persistent pulmonary hypertension of the newborn (PPHN)

(Bartlett et al 1985): ACT, RPW

(O'Bourke et al 1989): 2-stage SCT

(Gross et al 1994): RCT

(UK Collaborative 1996): RCT

- post study analysis of UK ECMO trial (Snowdon et al 1997)

# 2. Randomized Clinical Trials (RCTs)

Problem 2: infeasible randomization

- clinicians declined to recruit patients for randomized allocation (Fairhurst and Dowrick 1996)
- strong patient preferences (Brewin and Bradley 1989; Emanuel and Patterson 1998)

- 3. Adaptive Clinical Trials (ACTs)
- 1). Moral requirement of ACTs
- the dual role and responsibility of the researcher/clinician
- the dual role and contribution of the subject/patient
  - Declaration of Helsinki:

"the interests of science and society should never take precedence over consideration related to the well-being of the subject" (World Medical Assembly, 1996)

- informed consent infeasible in desperate medical situations

- 3. Adaptive Clinical Trials (ACTs)
- 2). Ethical justification for ACTs
- the principle of interchangeability (PoI): any two patients are ethically interchangeable (that is, at the point of enrollment in a clinical trial, the intent is to provide the best treatment available to each patient given current information) (Pullman and Wang 2001)
  - RCTs (collective ethics): fail the PoI
- myopic allocation (individual ethics): fails the PoI
  - ACTs: satisfy the PoI

- 1). A decision theoretic model:
- a common ground: allocate the better treatment to "more" patients
- strategy  $\pi = (\pi_1, \dots, \pi_n, \dots)$ : trial termination and treatment allocation
  - the worth of the strategy  $\pi$ :

$$E_{\pi}(Z_1 + Z_2 + \dots + Z_N)$$

- $Z_i$ : response from the  $i^{th}$  patient
- objective: maximize  $E_{\pi}(Z_1 + \cdots + Z_N)$

- 2). The bandit processes formulation (Berry and Fristedt 1985)
- unknown N follows geometric  $(1 \alpha)$
- objective: maximize  $E_{\pi}(\Sigma_{n=1}^{\infty} \alpha^{n-1} Z_n)$
- treatments: i.i.d.  $X_{i,n} \sim F_i$
- assumption:  $(F_1, F_2)$  is unknown
- treatment:  $\pi_n \in \{1, 2\}$  for  $n^{th}$  patient
- response:  $Z_n = X_{\pi_n,n}$  for  $n^{th}$  patient
- approach: Bayesian (Markov decision processes, dynamic programming)
- essential feature: information gathering and immediate payoff
  - satisfies PoI

- 3). Just a mathematical generalization!
- domains of strategies:

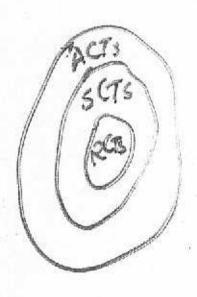
$$\Pi_{RCTs} \subset \Pi_{SCTs} \subset \Pi_{ACTs}$$

	trial	treatment
design	termination	allocation
RCTs	No	No
SCTs	Yes	No
ACTs	Yes	Yes

- ACTs: one or both of clinical decisions depend on accumulating information, and include SCTs as special cases

- 4). A comparison minimax approach (Wang and Pullman 2001)
  - responses: immediate and dichotomous
  - probabilities of successes:  $P_A$  and  $P_B$
  - regret of successes lost:  $R_{\pi}(P_A, P_B)$

$$= N \max\{P_A, P_B\} - E_{\pi}(Z_1 + \dots + Z_N)$$



$$\inf_{\pi \in \Pi_{ACTs}} R_{\pi}(P_A, P_B)$$

$$<\inf_{\pi\in\Pi_{SCTs}}R_{\pi}(P_A,P_B)$$

$$<\inf_{\pi\in\Pi_{RCTs}}R_{\pi}(P_A,P_B)$$

- 1). Major obstacles in applications
- covariates or prognostic factors
- delayed responses
- multiple endpoints
- randomized allocation
- practical implementation
- statistical analysis

- 2). Practical implementation: RPW( $\alpha, \beta, \gamma; \delta$ )
- deterministic: (Zelen, 1969)

the safety of prophylaxis with enoxaparin and dextran-70 in patients undergoing digestive surgery (Reiertsen et al, 1993, 94, 96, 97, 98)

- randomized: (Wei and Durham 1978) urn model RPW( $\alpha, \beta, \gamma; \delta$ )

ECMO trial: RPW(1, 1, 1, 1) (Bartlett et al 1985)

two anti-depression drug trials (Tamura et al 1994)

2). RPW( $\alpha, \beta, \gamma; \delta$ ) - continued

Rosenberger (1996)

Hardwick et al (2001)

Ivanova (2003)

Wang and Prior (2003):  $\delta = 2n + 1$ 

- 3). Delayed responses
- Motivation: survival trials

Eick (1988a, 1988b): geometric

Wang (2000, 2002): geometric

- unknown treatment X: survival times are geometric with unknown  $\theta \in (0, 1)$
- the known treatment Y: survival times with a known expected value k > 1
  - objective: maximize  $W(\pi) = E_{\pi}(\Sigma_{i=1}^{\infty} \alpha_i Z_i)$

 $Z_i=i^{th}$  patient's survival time under  $\pi$ 

- 3). Delayed responses model
- Bayesian approach:  $\theta \sim \mu$  prior
- sufficient statistics: (s, f) on unknown
- posterior:  $(s, f)\mu$ ,  $(0, 0)\mu = \mu$
- posterior expected survival time:  $E(X|(s,f)\mu)$
- state of the bandit:  $((s, f)\mu, r, D)$
- r: size of the information bank
- $D = (\alpha_1, \alpha_2, \cdots)$ : discount sequence
- optimality equation:

$$V((s, f)\mu, r, D)$$

$$= \max\{V^{(x)}((s, f)\mu, r, D), V^{(y)}((s, f)\mu, r, D)\}$$

- 3). Delayed responses optimal strategy
- advantage of treatment X over Y:

$$\Delta((s, f)\mu, r, D)$$

$$= V^{(x)}((s, f)\mu, r, D) - V^{(y)}((s, f)\mu, r, D)$$

- optimal strategy: treatment X optimal

iff 
$$\Delta((s, f)\mu, r, D) \ge 0$$
;

both optimal if  $\Delta((s, f)\mu, r, D) = 0$ 

- Condition A.  $\alpha_i \geq \sum_{j=i+1}^{\infty} \alpha_j$  for  $i = 1, 2, \cdots$
- Condition B.  $\mu$  is not concentrated at a single point, and  $\mu\{(0,1)\}=0$

3). Delayed responses - existence

# THEOREM 1 (Eick 1988)

- 1.  $\Delta((s, f)\mu, r, D)$  is nonincreasing in f and k and nondecreasing in s. Also,  $\Delta((s, f)\mu, r+1, D) \geq \Delta((s, f+1)\mu, r, D)$ .
- 2. For given f, r and k, let  $s^*$  be such that  $\Delta((s^*, f)\mu, r, D) = 0$ . Treatment X is optimal at the state  $((s, f)\mu, r, D)$  iff  $s \geq s^*$ . Both are optimal if  $s = s^*$ .
- 3. Let  $D=(1,\alpha,\alpha^2,\cdots)$  be geometric. If the known treatment Y is optimal at the state  $((s,f)\mu,0,D)$ , then it remains optimal for all subsequent patients.

3). Delayed responses - structures

# THEOREM 2 (Wang 2000)

1.  $0 \le s^* \le s_1^*$ , and  $0 < s^* < s_1^*$  under some conditions,  $E(X|(s_1^*, f)\mu) = k$ .

 $s^*$  is nondecreasing in both f and k.

2. If  $\Delta((s_n^*, f)\mu, 0, D_n) = 0$ , then

$$0 \le \dots \le s_n^* \le \dots \le s_2^* \le s_1^*$$

and  $s^* = \lim_{n \to \infty} s_n^*$  exists, where  $D = (1, \alpha, \dots), D_n = (1, \alpha, \dots, \alpha^{n-1}, 0, \dots)$ 

3. If the known treatment is optimal at state  $((s, f)\mu, 0, D_n)$ , then it remains optimal for the rest of the patients.

3). Delayed responses - asymptotics

# THEOREM 3 (Wang 2002)

1. If 
$$\Delta((s_n^*(r, f), f)\mu, r, D) = 0$$
, then

$$\lim_{r \to \infty} [\Delta((s, f)\mu, r, D) - \Delta((s, f)\mu, r, D_1)] = 0,$$

$$s_1^*(\infty, f) = \dots = s_n^*(\infty, f) = \dots = s_1^*(0, f).$$

- 2.  $\lim_{f \to \infty} s_n^*(r, f) = \infty$  for any r and n.
- 3.  $\lim_{f \to \infty} \Delta((s_n^*(0, f), f)\mu, r, D_n) = 0.$

- 3). Delayed responses continuous model Wang and Bickis (2003)
- treatment times:  $T_1 \equiv 0, T_2, \dots, \dots,$   $T_{n+1} T_n \sim H(u), \int_0^\infty u dH(u) < \infty,$  H(0) = 0
  - treatment 1:  $X_{1,n} \sim F$ , unknown
  - treatment 2:  $E(X_{2,n}) \equiv \lambda$
  - Bayesian:  $F \sim G \in \mathcal{D}(\mathcal{D})$
  - $\mathcal{D}$ : all distributions on  $[0, \infty)$
  - $\mathcal{D}(\mathcal{D})$ : all distributions on  $\mathcal{D}$
  - possibly censored observation:  $(x, \delta)$
  - information set at t:  $\mathcal{H}(t)$ ,  $\mathcal{H}(0) = \emptyset$

- 3). Delayed responses continuous model
- strategy:  $\pi(\mathcal{H}(t)) \in \{1, 2\}$
- survival times:  $Z_n = X_{\pi(\mathcal{H}(t_n)),n}$
- discrete discount:  $D = (\alpha_1, \alpha_2, \cdots),$

$$\alpha_n \geq 0, \ \Sigma_{n=1}^{\infty} \ \alpha_n < \infty$$

- continuous discount:  $\beta(t)$ ,  $\beta(t) > 0$ ,

$$\sum_{n=1}^{\infty} \alpha_n \beta_{n-1} < \infty, \ \beta_0 = \beta(0), \quad \beta_n = \beta(0)$$

$$\int_0^\infty \beta(t)dH^{*n}(t), H^{*n}$$
: convolution of  $H$ 

- updated discounts:  $D^{(n-1)} = (\alpha_n, \alpha_{n+1}, \cdots),$ 

$$\beta^{t_n}(s) = \beta(t_n + s)$$

- state at time  $t_n$ :  $s_n = (G_n, t_n, D^{(n-1)}, \beta^{t_n})$ 

- 3). Delayed responses continuous model
- initial state:  $s = (G, 0, D, \beta)$
- objective: maximize

$$W(s, \lambda, \pi) = E_{\pi} \left( \sum_{n=1}^{\infty} \alpha_n \beta(T_n) Z_n | G \right)$$

- maximum:  $V(s, \lambda) = \sup_{\pi} W(s, \lambda, \pi)$
- optimal strategy:

$$\Delta(s_n, \lambda) = V^{(1)}(s_n, \lambda) - V^{(2)}(s_n, \lambda)$$

where

$$V^{(i)}(s_n, \lambda) = \sup_{\pi \in \Pi^{(i)}} W(s_n, \lambda, \pi)$$

3). Delayed responses - continuous model

**THEOREM** 4 For any  $s = (G, t, D, \beta)$ ,

there is a  $\Lambda(s)$  such that  $\Delta(s, \Lambda(s)) = 0$ .

So the unknown treatment is optimal at state s iff  $\lambda \leq \Lambda(s)$  and the known treatment is optimal iff  $\lambda \geq \Lambda(s)$ .

**THEOREM 5** If  $\Delta(s_n, \Lambda(s_n)) = 0$  at  $s_n = (G, 0, D_n, \beta)$ , then

$$E(X|G) = \Lambda(s_1) \leq \cdots \leq \Lambda(s_n) \leq \cdots$$

Also,  $\lim_{n\to\infty} \Lambda(s_n) = \Lambda(s) < \infty$  exists such that  $\Delta(s, \Lambda(s)) = 0$ ,  $s = (G, 0, D, \beta)$ .

- 4) Any number of arms (continuum)
- possible application: optimal dosing
- index set of treatments I: finite, countably infinite, compact
  - responses:  $X_{i,n} \sim F_i, n = 1, \dots, i \in I$
  - $F = (F_i, i \in I)$ :  $\sup_{i \in I} \int_0^\infty x F_i(dx) < \infty$
  - Markov decision process: (S, I, q, r, W)
  - objective: maximize

$$W(s_0, \pi) = E_{\pi}(\sum_{n=0}^{\infty} \beta^n r(s_n, i_n) | s_0)$$

4) Any number of arms (continuum)

# THEOREM 6 (Bickis and Wang 2003)

- 1. If I is finite, then there is an optimal stationary strategy.
- 2. If I is countable, then there is a stationary strategy which is  $\epsilon$ -optimal.
- 3. If I is compact and F has a conjugate prior distribution, then there is an optimal stationary strategy.
- 4. In the presence of delayed responses, if I is compact and F has a conjugate prior distribution, then there exists an optimal deterministic strategy.